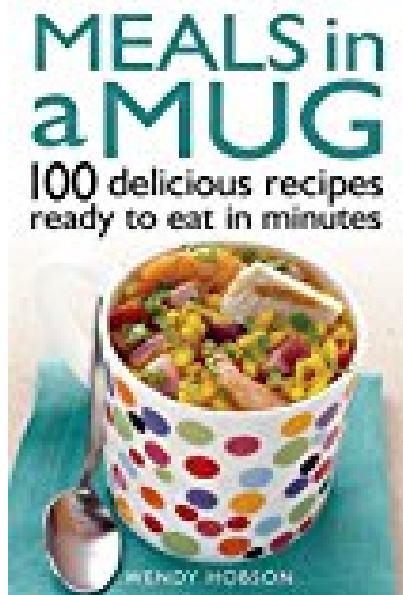


# Meals in a Mug 100 Delicious Recipes Ready to Eat in Minutes

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## BOOK DETAILS

- Author : Wendy Hobson
- Pages : 128 Pages
- Publisher : Constable & Robinson
- Language : English
- ISBN : 071602392X

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## **BOOK SYNOPSIS**

With straightforward recipes that offer great little meals for one, you can't go wrong with this imaginative collection. From Hot Cranberry and Almond Muesli to set you up for the day, to French Onion Soup for a stylish lunch, Pasta in a Creamy Herb Sauce for supper followed by Chocolate and White Chocolate Chip Pudding for sheer indulgence, you'll be spoilt for choice. The book contains well over 100 simple recipes for: · Breakfasts · Soups · Pasta, noodles, rice and grains · Salads and vegetables · Meat and fish dishes · Egg and cheese dishes · Desserts and cakes There's no weighing, no complicated methods and no expensive or obscure ingredients, just easy, tasty, everyday dishes.

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